



## SAXMUNDHAM MEN'S SHED'S INFORMATION EVENT



**DATE- 26<sup>th</sup> February**

**TIME- 2:00pm**

**PLACE- Saxmundham Market Hall**

*Join us at our Men's Shed's Information Event if you would like a clear understanding of what we can bring to you!*

*A Men's Shed is a place to pursue practical interests at leisure, to practice skills and enjoy making and mending objects. It is a place to socialise, share skills and build friendships.*

*The aim is to improve social isolation and wellbeing in the area, and other Men's Shed's (such as Leiston) have proved to be successful.*

*If you feel you would be interested in joining our new Shed, or would like to learn more, **come along!***

