

For further assistance
please contact:

**Citizen's Advice can
offer further assistance
and advice.**

**citizens
advice**

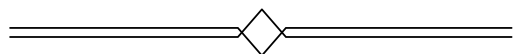


supervisor@leistoncab.cabnet.org.uk



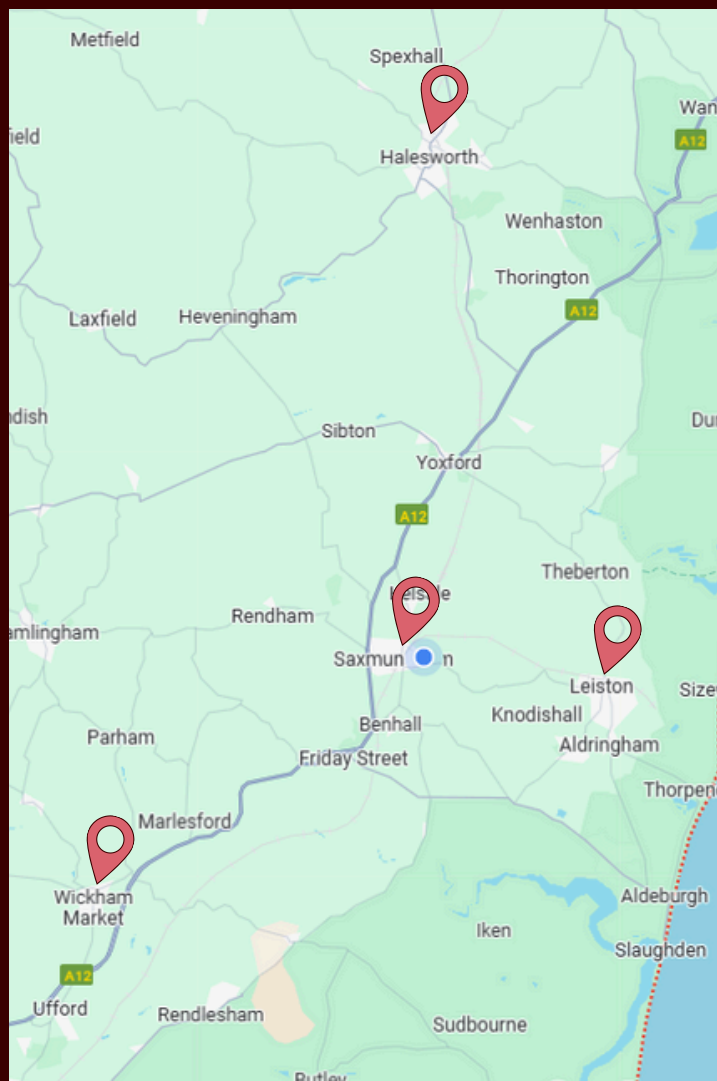
01728 832193 or 0808 2787868

Citizen's Advice operate a drop-
in session at Saxmundham
Library on Wednesday mornings
from 10:00 am -12:00 pm



You can also phone them at any
time and request a referral to
your local Trussell Trust Food
Bank.

**Where to go in East
Suffolk for support with
access to food:**



**WHERE TO GO
FOR FOOD
SUPPORT
LOCAL TO
SAXMUNDHAM**



Compiled by
**Saxmundham Town
Council**



IP17GNS - Social Supermarket

Tues 9:30-11:00am The Gannon Rooms, Saxmundham

Subsidised shopping for those experiencing food uncertainty. £4.00 per visit. Registration is required - just turn up on the day.

☎ 07835064587

✉ hello@ip17gns.co.uk

Sax Community Fridge

Mon & Fri, 10:30-11:30am Queen's Head Carpark, Saxmundham

Open to all, distributing surplus food from businesses and homes which is close to or past BBE date. Closed on Bank Holidays.

✉ saxcommunityfridge@skc.church

Leiston Food Bank

Fri & Sat, 10:30-11:30am Methodist Church, Leiston

Open to all who may need it, this food bank does not require booking - you can just turn up during their opening times.

☎ 01728 831446

Project 40 Seven - Leiston Pantry

**Mon, Tues, Thurs, Fri 9:45am - 5:00pm,
Weds 9:45am - 1:00pm, Sat 9:45am - 4:00pm**

Open to all, £4.00 per week subsidised food shopping.

☎ 01728 448707

✉ info@project40seven.co.uk

Halesworth Community Larder

Weds & Sat, 10:30-11:30am St Mary's Church, Halesworth

A friendly space, the larder is a place to donate, swap, or take food home. No referral needed - just turn up.

A referral-only food bank also operates from this location on Wednesdays 10:30-11:45am

☎ 01986 875600

Compiled by
Saxmundham Town Council



Wickham Market Open Pantry

Thurs 9:00-11:00am, All Saints Church, Wickham Market

Open to everyone. Subsidised shopping - pantry visitors are welcome to just turn up & choose from a range of fresh and long-life produce in exchange for a £6 donation

✉ wickhampantry@gmail.com

Trussell Trust

For those in crisis, emergency food parcels can be obtained from the Trussell Trust by referral only. They will deliver to your address.

You can be referred by: Citizen's Advice, GPs, schools, Social Services, DWP, Job Centres and some charities, including IP17GNS.

Benefits Calculator

Check you are receiving all the benefits you are entitled to by visiting:

www.gov.uk/benefits-calculators